

OBJECTIVES

Serve as school-based model for KidCare in targeted Bridgeport Public Schools and advance a community based treatment model that is comprehensive, child centered, family driven, strengths-based and culturally competent.

Enhance community knowledge of mental health issues affecting children in the community and develop a communication plan that will ensure sustainability of the project and its goals as the project funding diminishes.

Foster a stronger connection between community service providers, school staff, children, and families in order to offer a comprehensive service delivery system that capitalizes on the strengths of all partners involved in the project.

Develop community based organizations such as a local Federation of Families chapter in Bridgeport to inform and train parents to be their own advocates and a Youth Advisory Council that will give youth a voice in decision making that affects them.

RESOURCES

- DCF
- Child Guidance of Greater Bridgeport
- Bridgeport Board of Education
- Families United-Federation of Families
- Bridgeport Public Schools
- Yale Consultation Center
- CMHS
- ARI
- Local and state services

ACTIVITIES

System Service Coordination

- Hire Care Coordinators that represent the population being served
- Train Care Coordinators to use culturally competent, family-centered, strength-based practices based on the KidCare model
- Integrate Care Coordinators into local schools
- Partner with existing SAT's to establish referral process and entry into PARK
- Assist families with developing the Individual Service Plan (ISP) based on a wrap-around approach
- In coordination with school staff, other community providers and child and family team, implement ISP
- Partner with family to oversee success of ISP

Comprehensive Services

- Identify service gaps and barriers to accessing services
- Enhance non-traditional services and supports that service SED children
- Develop a sustainability plan for service delivery
- Develop a Community Resource Committee (CRC) to monitor local service development

School Based System of Care

- Implement PBIS within each of the 5 schools
- Provide on-going training and technical assistance regarding PBIS
- Provide schools with support to collect the data required to monitor PBIS progress
- Develop and ongoing process to identify specific training and technical assistance needs of the school
- Develop and implement comprehensive training plan for teachers, school staff, after-school program staff, parents and youth
- Provide psychiatric support services to occur within the school
- Put process in place to sustain training plan after CMHS monies end
- Develop a process of evaluating the effectiveness of the technical assistance and training

Communication Campaign

- Create a communication plan/SACO of PARK Project objectives
- Disseminate communication plan through media and Bridgeport community leaders

Family Driven System of Care

- Hire a Family Liaison
- Develop a local Federation of Families chapter to provide culturally competent, strength-based advisory services to families
- Design and implement family support services that enhance families ability to participate in mental health care decisions for their children
- Provide an easily accessible resource center to make information available to families
- Ongoing input from families sought through surveys, focus groups, interviews and formal and informal meetings

Youth Advisory Council

- Develop a youth advisory committee that provides recommendations directly to the project leadership

Sustainability

- Identify possible funders
- Identify funding needs based on identified service gaps and barriers

OUTPUTS

System Service Coordination

- Care coordinators hired for each of the 5 schools
- Number of care coordinator trainings
- # of trainings held for school staff and administration around service coordination
- # families who receive assistance in developing an ISP
- # of ISP's implemented
- # of students receiving care coordination
- # of families receiving care coordination
- # of units of care coordination

Comprehensive Services

- On-going needs assessment completed and implemented
- # of non-traditional support services implemented
- Sustainability plan developed
- # of participants on CRC
- # of CRC meetings held

School based System of Care

- PBIS implemented in each of the 5 schools
- Number of trainings for all school staff in PBIS
- Structure set in place to collect PBIS data
- TTA plan developed for each of the schools
- # of trainings held at each school
- Number of psychiatric consultations held within the schools
- Sustainability plan developed
- Evaluation plan for school-based TTA developed

Communication Campaign

- Communication plan developed
- # of products produced to disseminate PARK Project goals, outcomes, trainings, and general information about children's mental health and KidCare system of care
- # of products disseminated

Family Driven System of Care

- Bridgeport-based Federation for Families chapter established
- # of sessions of advocacy and family support provided
- Resource center established
- # of individuals who access resource center
- # of trainings provided for parents and caregivers # of supportive services that include advocacy, peer support, and coaching to prepare families to assume leadership roles
- # of roles family members play in the system of care

Youth Advisory Council

- # of Youth Advisory meetings held
- # of recommendations Youth Advisory Board makes to the PLT

Sustainability

- # of funders identified
- # of funders contacted
- # of grants written

IMMEDIATE OUTCOMES

System Service Coordination

- Increased school-based care coordination services available for children with SED
- Increased participation of families in developing a strength-based, culturally competent, family-centered service plan
- Increased families accessibility to services
- Decreased barriers to access services for SED children and their families
- Decreased problem behaviors for students enrolled in PARK
- Increased functioning for students enrolled in PARK

Comprehensive Services

- Increased the number of available community based mental health services in the Bridgeport area
- Decreased the number of children with SED referrals to agencies based outside of the Bridgeport area

School Based System of Care

- Increase time for teaching within the 5 targeted schools
- Decrease office referrals within the 5 targeted schools
- Increased knowledge and skill of school staff to intervene effectively with student's behavioral problems
- Enhanced school climate within the 5 targeted schools

Communication Campaign

- Communication plan developed
- Family, students, and staff in the 5 targeted schools are aware of the goals, objectives and outcomes of the PARK Project

Family Driven System of Care

- Increased family participation in the planning, implementation, and evaluation of the system of care for children with SED
- Decreased family stress

Youth Advisory Council

- Increased youth input into the PLT and CRC

Sustainability

- Increased funding available to maintain comprehensive system of care

LONG-TERM OUTCOMES

- Increase parent and youth leadership in the system of care
- Increased cultural competency in the system of care
- Increased number of recommended services received
- Increased cost-effectiveness of services
- Decreased school drop out rate
- Decreased number of out of home and out of community placements
- Increased funding available to system of care