

Choctaw Nation

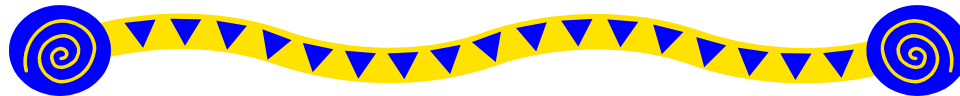


CARES

Hypim Vlla Chipunta Yvt Pi Nitak Tikba Minti
(Our Children Are Our Future)

Choctaw Nation CARES

**Reaching Out To Children And
Their Families Experiencing A
Temporary Emotional
Disharmony.**



Overview of Program & Expected Outcomes

Risk Factors

Family in Disharmony

- Lack of stability
- Lack of structure

Abuse

- Substance Abuse
- Child Abuse
- Domestic Abuse

Poor School Climate

- Disciplinary problems
- Learning disabilities

Lack of Employment Opportunities

- Poor attendance
- Lack of education/training

At Risk Behaviors

- Legal problems
- Endangerment to self &/or others

Powerlessness

- Low self-esteem
- Withdraws from society
- Cultural Alienation

Lack of health care

- Services not available in rural area
- Lack of transportation

Desired Outcomes

Choctaw Nation CARES strives to support and promote a positive community, mind, body, and spirit of The Vlla Chipunta, from birth to 18 years of age. The goal of Choctaw Nation CARES, with guidance from the communities, is to develop a culturally competent network of care that will work toward healing the temporary emotional disharmony of the children and their families. Vlla Chipunta, the children, hold the future of the Choctaw Nation.

Clients will be supported through an on-going process in all services and the integration of these services into the community, family, school, health care system.

Expected Outcomes

Harmonious Family

- Family Stability
- Family Structured

Abuse Free

- Substance abuse education
- Positive coping mechanisms

Positive School Climate

- Behavioral Rehabilitation Services
- Testing & evaluation

Increased Employment Awareness

- Job awareness & resources
- Education & Training

Enhanced Positive Behaviors

- Value the legal system
- Anger management

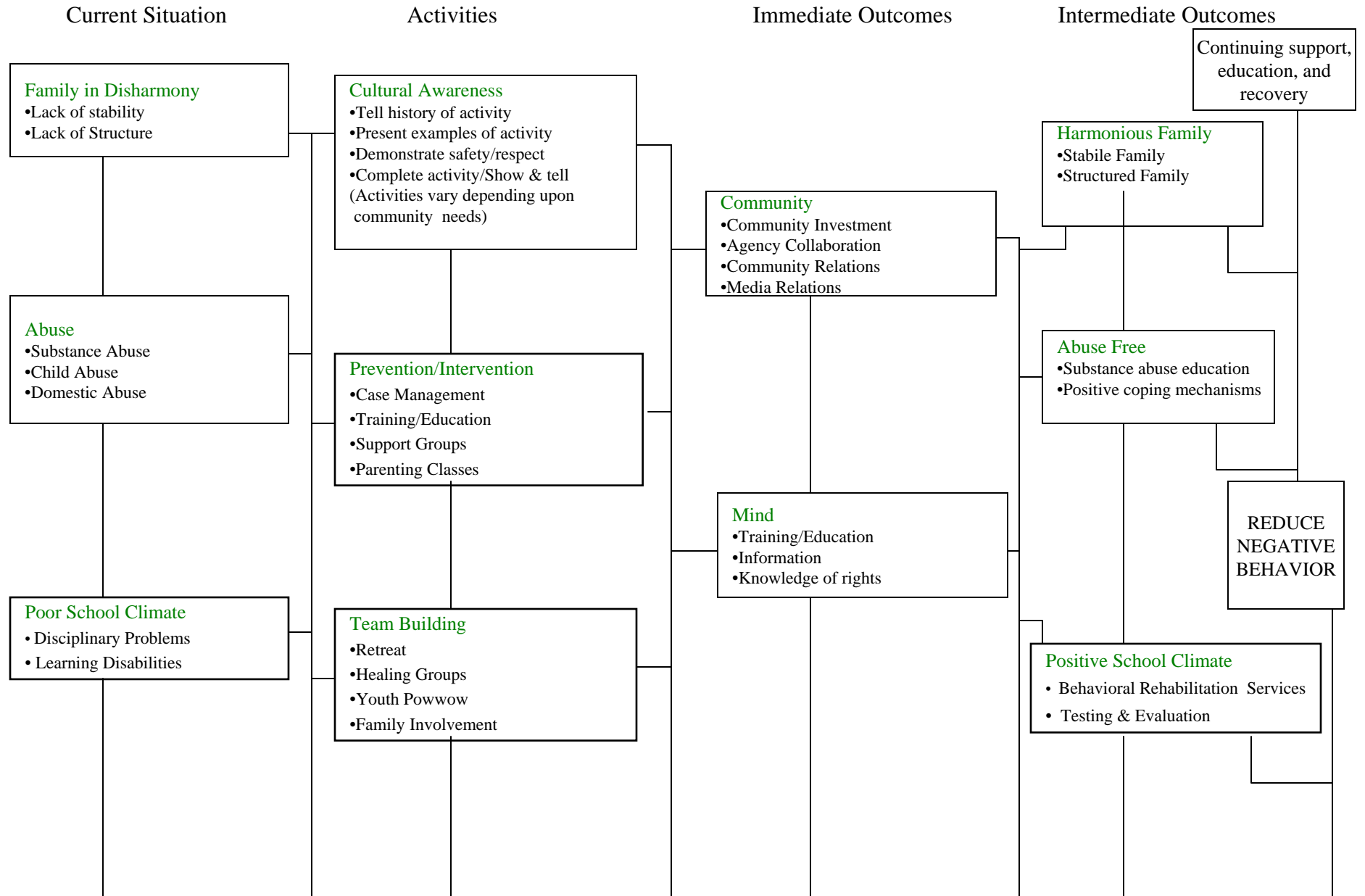
Feeling of Empowerment

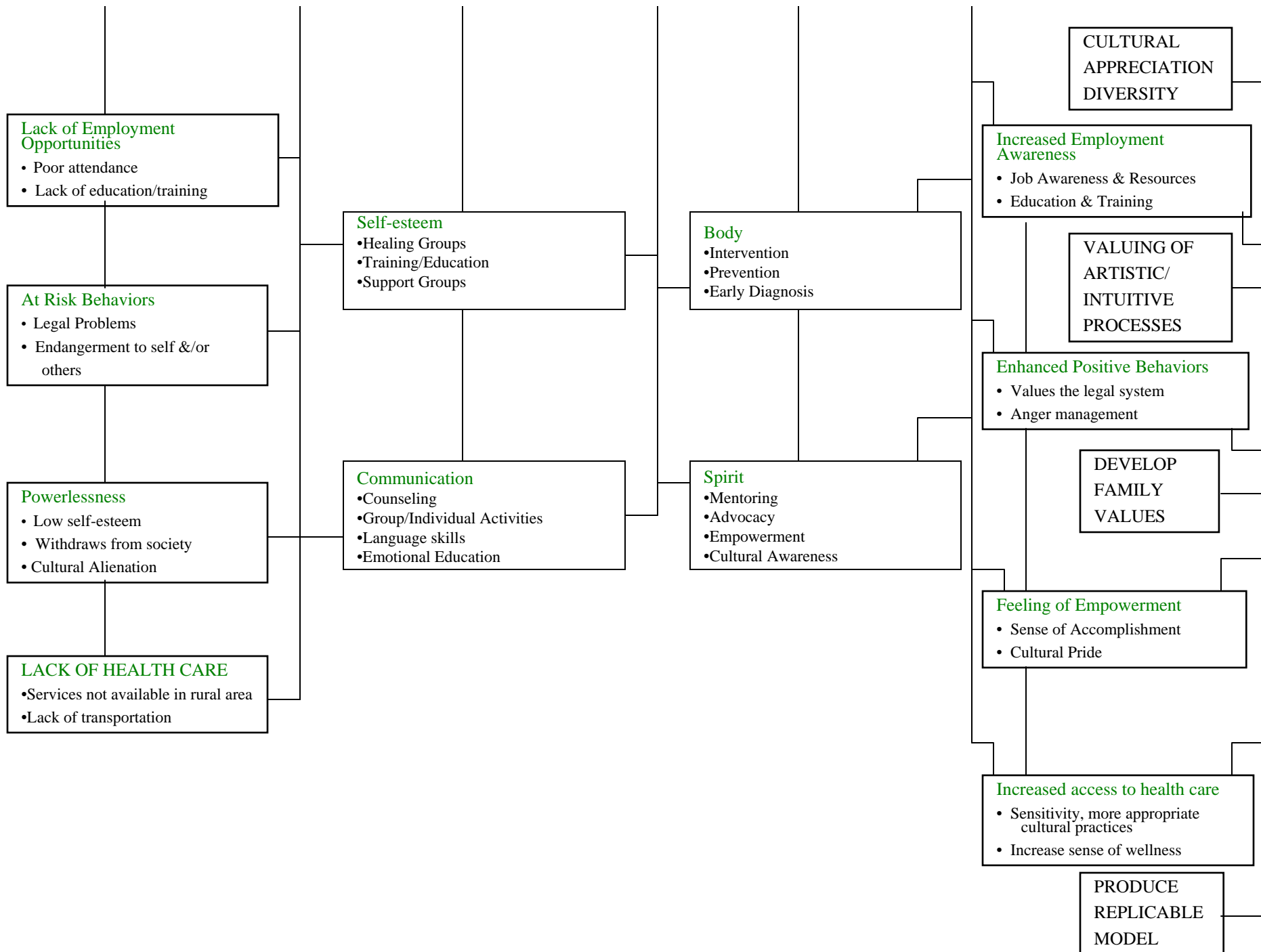
- Sense of accomplishment
- Cultural Pride

Increased access to health care

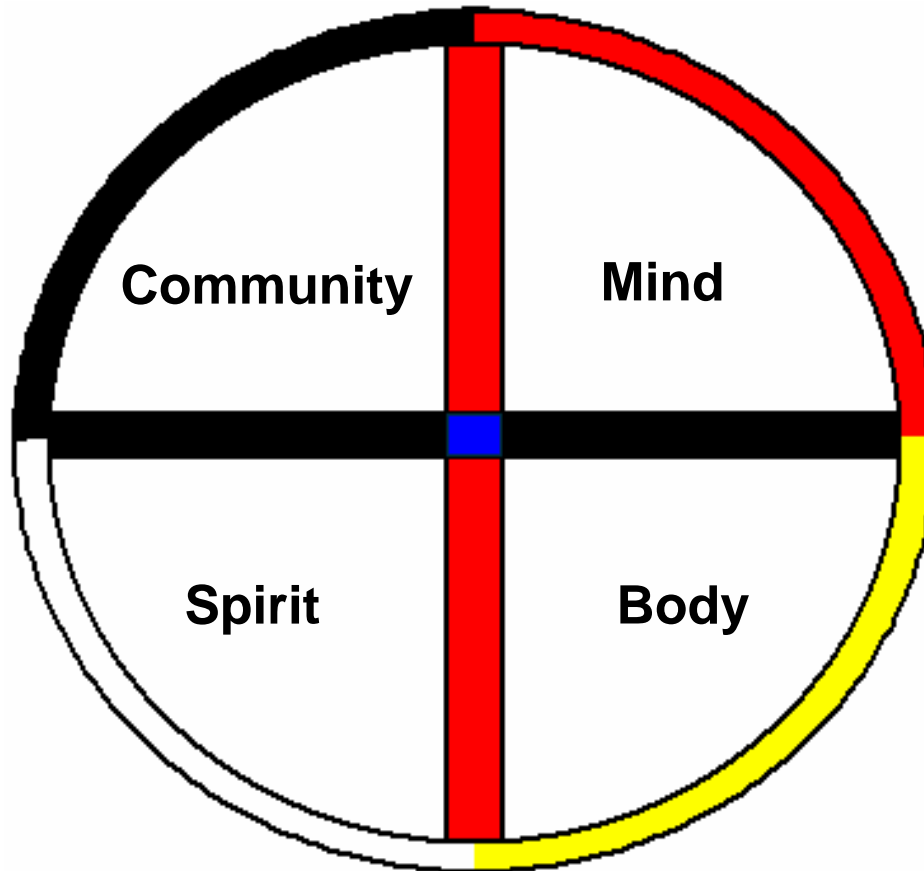
- Sensitivity, more appropriate cultural practices
- Increase sense of wellness

Choctaw Nation CARES – Logic Model





**The circle represents the change and cycles of life.
Balance between all parts of the circle brings harmony and health**



Quadrant One

- Community
 - Family
 - Culture
 - Work
 - History
 - Community
 - Environment

Quadrant Two

- Mind
 - Intellect
 - Emotion
 - Memory
 - Judgment
 - Experience

Quadrant Three

- Body
 - Chemistry
 - Genetics
 - Nutrition
 - Sleep/rest
 - Age
 - Condition

Quadrant Four

- Spirit
 - Spirituality
 - Teachings
 - Dreams/Stories
 - Gifts/Intuition
 - Protective force
 - Negative force

Elements contributing to disharmony (Issues and Needs)

Community

Cultural needs

Need to belong-culturally & with the community

Historic Trauma-grief

Poverty

Spirit

Spiritual needs

Need caring people

Mind

Distrust

Accessibility to services

Need for knowledge

Need for emotional support

Need for Training

People don't want to get involved

Body

Violence

Child abuse

Substance abuse

Goals of the model of care

Community

Gain Community
Investment

Agency collaboration

Community PR

Spirit

Add Mentoring

Add Advocacy

Empowerment

Mind

New Training

Knowledge

Information

Education

Body

Intervention

Prevention

Early Diagnosis

Choctaw Model of Care

Healing/Advocacy

Healing circles

Directory for referral system

Trained elders for in-home visits

Information-tribal newspaper

TV/Radio/Flyers/Book marks

Resource Manual

Parent trainers and parent training

Parent & Children's rights

Court by-in from schools/DHS

Training

Relearning crafts

Address historic grief/trauma

Help alleviate guilt

Help build resources to help with care for the children

Build on the concept of....

Our Children Are Our Future

Link people-Conference calls

Utilize technology-telemedicine

Early intervention/prevention-prenatal

Early diagnosis chart/flipchart

Simple short screenings

Shot-day mother groups with speakers

Meetings with providers

Components of the model

Prevention

Basic Education placed in:

Well baby clinics, Prenatal clinics, WIC, Sooner Start, Welfare to Work, Children First, Boys & Girls club, & churches

Training and Education to target:

Medical, School, Tribal/general community, Indian Child Welfare/DHS, Parents, Senior groups

Education to include information on:

Signs and symptoms, Parent & children's rights and referral, cultural components, introduce cultural immersion schools

Components of the Model

Intervention

Training & Support in:

Active listening for providers, case managers

Parent advocates trained in:

Referral, signs & symptoms, support, Parent rights

Referral Support:

How to get services, what to expect, what to have available

Full Time Coordinator to maintain Choctaw C.A.R.E.S.

Intervention (continued)

Activities to consider:

School support and advocacy, training and referral

System change (enhance and improve through collaboration in order to meet increasing needs)

Ongoing assessment of Provider needs

Cultural Immersion school to increase resiliency

Provide services through Boys & Girls club to reduce stigma

School based “one-stop shopping”

Mentoring program

Regular healing circles for both service providers & parents

Diversity school and cultural competency

Additional education support to the model

Resource manual of services available

Education for providers/community in early identification of SED children

Community healing groups

More collaborative coordination of services

Memorandum of Understanding between providers

More and better PR—Resource list, Articles, Pamphlets, Video, etc.

Shared transportation—Senior centers, CHR's, KATS, parent advocates

Luncheon networking sessions between agencies and providers

Provider training—cultural issues, screening, assessment, & available resources

Mobile facility/library of resources—videos literature

Tutors & Community use of computer labs

Trained community members—support for families

Environmental competency—warm & caring

We as Choctaws rather chose to suffer and be free, than live . . . where our voice could not be heard in their formation.

I could cheerfully hope that those of another age and generation may not feel the effects of those oppressive measures that have been so illiberally dealt out to us; and that peace and happiness may be their reward

--George W. Harkins, *Choctaw*

**Never doubt that a small group
Of thoughtful, committed citizens
Can change the world;
Indeed
It's the only thing that ever has**

--Margaret Mead