



# Kentuckians Encouraging Youth to Succeed (KEYS)

**Applicant: DMHMRS; Administrated by: NorthKey Regional MHMR Board (Community Mental Health Center)**

Vision: Development of a model promoting resiliency & addressing current challenges in the development of our system of care for youth with serious emotional disabilities & their families, including those with **co-occurring substance use disorders**.

Mission: Facilitate implementation of a continuum of positive behavior interventions and supports through the delivery of evidence-based services, care management, and individual service plans in targeted schools in North Central Kentucky to address mental health & substance use issues of youth **emphasizing evidence-based strategies to identify and treat youth with co-occurring substance use issues**.

## Target population:

Children and their families

Kentucky resident-8 county area

Age 5-21 years SED (primary)-Birth-5 year (secondary)

Youth with SED & co-occurring substance use disorders

>1 year with limitations in 2+ areas: self-care; family life; interpersonal relations; self-direction; and education and:

- Receiving out-of-state treatment for SED, or
- Child removed from his/her home and has been unable to maintain the child in a stable setting, or
- ≥18, meets other criteria & received services for SED prior to age 18

## Challenges:

- Widespread accessibility of drugs/alcohol
- Youth with SED more susceptible to SU/SA
- Funding losses for children's mental health services
- No State Medicaid services for substance use issues
- Large rural areas / Transportation issues
- "Resolving door cases" / Service transition gaps
- Hurdles to collaborative service provision
- Access barriers
- Criminalization of persons with mental health and substance use issues

## Needs:

- Expand school-based mental health services
- Local long-term & residential treatment services
- Group treatment teaching independent living skills and vocational training
- Community awareness of mental health issues and resources
- Psychiatrists trained to serve youth with SED
- Local substance use/abuse prevention and treatment for youth (in-patient & outpatient options)
- Convenient aftercare for substance use/abuse
- Parent education/support for substance use/abuse
- Financial assistance for medications
- Organized advocacy for regional funding
- Evaluation data for decision-making and advocacy



## Goals:

- 1) Service Expansion
  - Develop Program Implementation Team
  - Develop strategic plan
  - Increased identification of students w/co-occurring substance use
  - Reduction in service costs
- 2) Engage Families & Youth at all levels
  - Develop family & youth support networks
  - Individualized care planning
  - Opportunities for family & youth leadership
  - Opportunities for family & youth led advocacy & policy-making
  - Families & youth involved with evaluation
- 3) Implementation of school-based positive behavior interventions & supports model
  - Infrastructure development for school-based activities
  - Expanded capacity for implementation of intervention strategies
- 4) Develop Utilization-Focused Evaluation System
  - Establish evaluation advisory committee
  - Implement national and local evaluations
  - Provide ongoing data-based decision-making
- 5) Provide Training & Support for implementing Evidence-Based Practices (EBP)
  - Educational/training/technical assistance opportunities
  - Continuum of positive behavioral intervention & support services

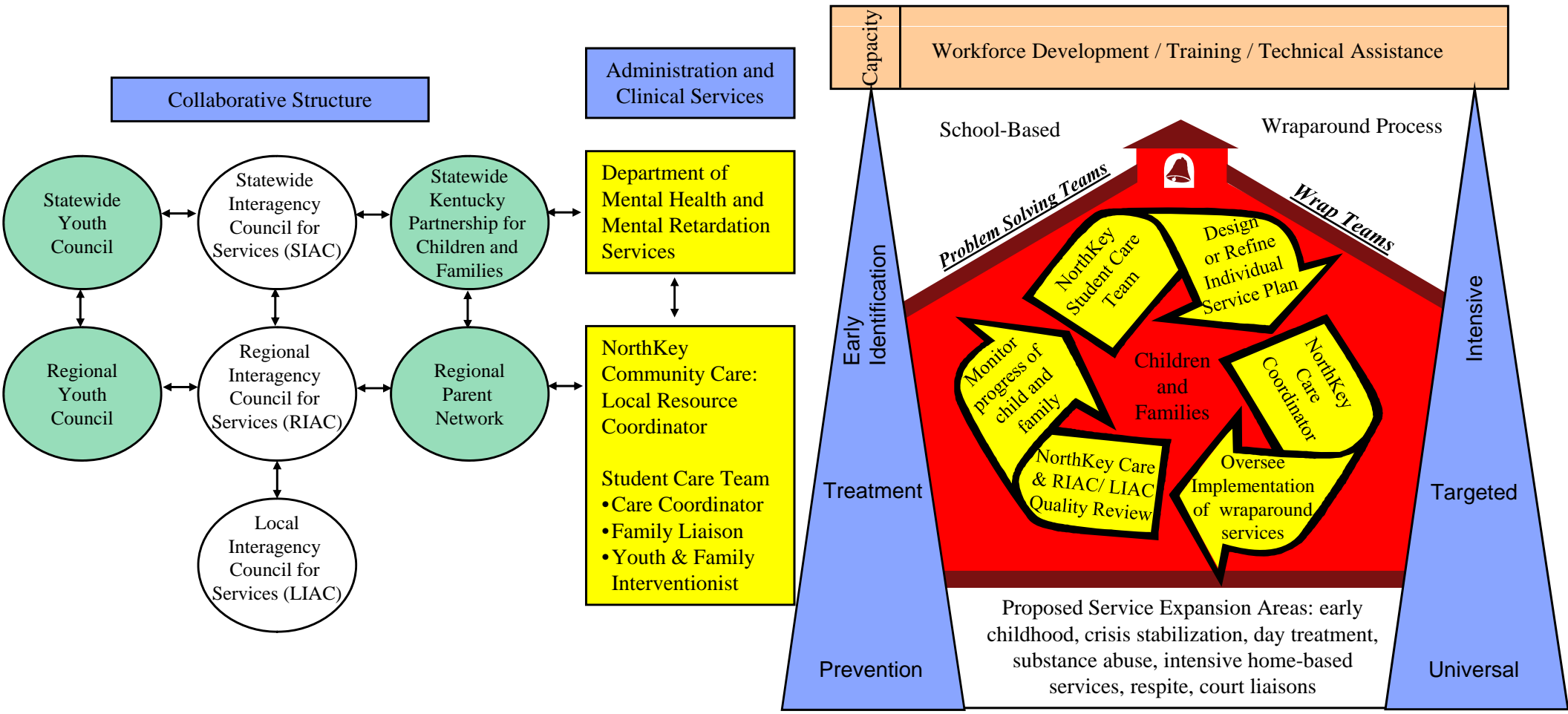
## Individual Outcomes

- Reduce psychiatric hospitalizations
- Improvements in behavioral functioning
- Improvements in family supports
- Improve school-related outcomes
- Reduce suspension and expulsion rates
- Decrease rates of substance use

# Kentuckians Encouraging Youth to Succeed (KEYS)

Applicant: DMHMRS; Administrated by: NorthKey Regional MHRM Board (Community Mental Health Center)

<b>Values:</b>	Community-based	Culturally Competent	Child Centered	Family Focused
<b>Guiding Principles:</b>	Strength-based/solution-focused Individualized Services	Least restrictive, appropriate setting Family and youth involved as full partners	System and service level coordination Comprehensive Services emphasizing early identification & intervention	



Bridges Project: establish school-based mental health model / Infrastructure: Increase capacity of Kentucky IMPACT Program: systems integration initiative to increase the capacity and diversity of network of care

