Logic Model for the Transitions Project

Our vision is that: Children & youth with severe emotional disturbance (SED) who are being served by the child welfare system will function successfully in permanent homes, in schools, and in the community.

Our mission is to: Partner with families, build community support networks, and provide individualized, culturally competent mental health services that will enable children & youth with SED who are served by the child welfare system to successfully navigate critical transitional periods, including system entry, system exit, and other placement modifications during the permanency planning process.

**CONTEXT**

**Population of Focus:**
Children and youth up to age 21 with a severe emotional disturbance (SED) who are 1) entering the child welfare system or 2) exiting the child welfare system and are at risk of or currently dealing with:

- Educational Failure, and/or
- Out of home placement, and/or
- Involvement with multiple agencies, and/or
- A juvenile court referral.

**Guiding Principles:**
1) The Transitions Project is family-focused and child-centered, with the needs of the child and family dictating the types and mix of services provided.
2) Transitions is community based with the focus of services, management, and decision-making responsibility resting at the community level.
3) Children and families have access to a comprehensive array of individualized services delivered in a culturally competent manner.

**State Governance:** State SOC Team

**Local Governance:** The St. Louis System of Care Board offers the following in development and support of Transitions:

- Technical assistance regarding policy/procedural issues to decrease fragmentation of services for children and youth
- Development of policy to support infrastructure
- Oversight of quality and outcomes (evidence based practices alongside organizational change strategies)
- Communication with all partners regarding Transitions
- Identify other state, county, and/or local reform initiatives across State Departments that can be coordinated with Transitions
- Expand the Transitions concept across St. Louis City & County
- Identify, seek, and coordinate multiple funding sources for Transitions
- Oversight of Transitions budget
- Oversight of Transitions personnel

**STRAATEGIES**

**Core Services** bundled by age group (10 & Under Program, 11-15 Program, 16 – Independence (21) Program):
- Diagnostic and evaluation services
- Outpatient individual counseling
- Outpatient group counseling
- Outpatient family counseling
- Medication management
- Case Management
- Transition-to-adult services

- Respite
- Professional Consultation
- Emergency/crisis intervention
- Intensive day treatment
- Therapeutic foster care
- Intensive home-based services

**Core Strategies**
1) Cultural Competence infused into each aspect of Transitions
2) One Care Coordinator per family links youth & families with all needed services.
3) Family Support Team: Local coordinated team of individuals that work to meet the child and family’s needs
4) Wraparound service delivery model: To build community support networks among youth, their families, teachers, and other caregivers.

**OUTCOMES**

**Family & Child Level**
1) Family outcomes:
   - Increased caregiver empowerment
   - Decreased caregiver strain
   - Improved caregiver perception of culturally competent service delivery
   - Improved family functioning
   - Increased caregiver satisfaction with services
2) Youth outcomes:
   - Improved academic performance & attendance
   - Decrease in delinquent acts
   - Decreased ATOD use
   - Improved socio-emotional functioning
   - Improved peer relations
   - Reduced re-institutionalization
   - Reduced crisis episodes
   - Expedited permanency

**System Level:**
1) Increase in number of children with SED identified
2) Improved access to services/supports
3) Cost-effective service delivery
4) Improved interagency collaboration
5) Improved service coordination
6) Increased service provider participation
7) Increased provider competence
8) Sustainability

*These members also reflect the State SOC Team*