



Who are we serving?
What are our strengths and needs?

Mission: Develop a comprehensive system of care in collaboration with youth and families that is responsive and informed about trauma to better address the unique needs of children and youth with severe emotional challenges and their families.

Vision: All Children and Families live in communities and are part of a service network that provides them with safety, opportunities for choice, empowerment, collaboration and trust.

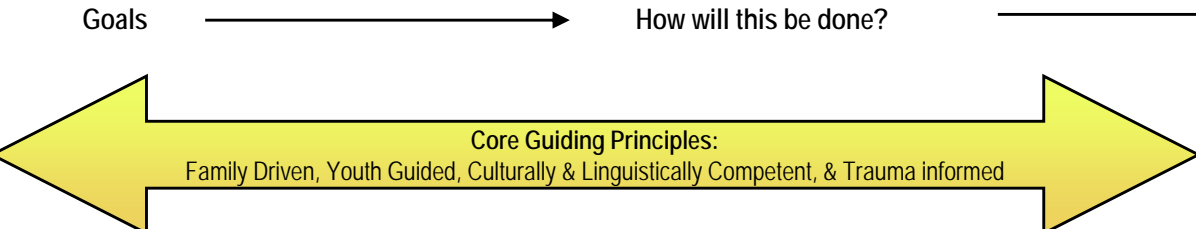


What will success look like?

Who will be served?
Children and youth with serious emotional challenges & their families in Androscoggin, Franklin, & Oxford Counties:
•Ages Birth-12 (years 1-3); followed by ages Birth-20 (years 4-6)
•Primary focus for year two will be children & families coming into contact with Child Welfare.

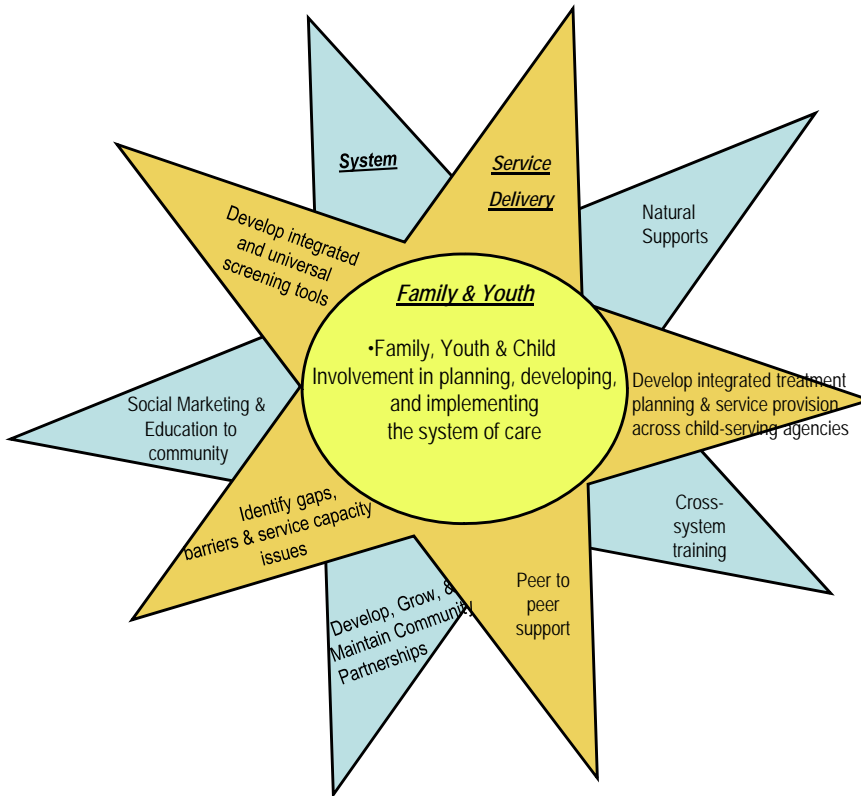
What are the strengths and needs of our Service Systems?
Issues/Needs
•Difficulties accessing services: wait list, eligibility, limited services, funding
•Training & Awareness of Trauma
•Workforce recruitment, retention, and diversity
•Better coordination of services, reduce paperwork, universal tools
•Inclusion of Family & Youth
Strengths
•TCMHS is a leader in Trauma Informed System Change
•Strong support from the Department of Health & Human Services and the Governor's Children's Cabinet
•Strong involvement of existing Family Organizations
•Service Providers in the community are supportive of the initiative
•Many services are currently available in Maine

What are the strengths and needs of our service providers?
Issues/Needs
•Effective Trauma services & treatment
•Improved provider collaboration
•Inclusion of natural supports in treatment
Strengths
•Initial trauma informed training for some providers
•Initial training and utilization of Evidence Based treatment
•Most providers have received training in child family centered planning



Goals:

- Improve the mental health and wellbeing of children and youth
- Achieve a Trauma Informed Provider Network
- Assist communities to be strong, healthy and safe environments for all
- Establish Trauma-Informed as the fourth guiding principle for Systems of Care through modeling & training.



Family, Youth and Child

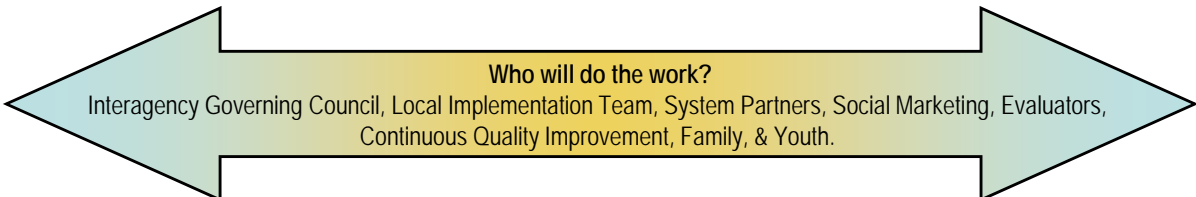
- Increased program satisfaction
- Increased stability in the Community
- Increased social and emotional wellbeing
- Increased mental and physical health
- Increased participation in service delivery
- Increased system planning and decision making
- Improved family and community relations

System/Infrastructure

- Sustained Youth & Family Movement
- Statewide Social Marketing campaign to reduce stigma around children's mental health issues & trauma
- Increased Collaboration
- Family and Youth are meaningfully involved throughout system

Service Delivery/Practice

- Increased trauma identification
- Better access to services
- Increased use of high quality, individualized wraparound planning
- Increase in evidence based services
- Culturally competent services



Thrive Short Term & Long term Outcomes

Short Term Outcomes (12-24 months)

Family, Youth, and Child

- ☀ Families and youth enrolled in SOC will experience increased participation and engagement in services planning process
- ☀ Children and families of all cultures participate in the development and implementation of the local System of Care
- ☀ Children and Family provided with education and training in advocacy and leadership

System/Infrastructure

- ☀ Increased knowledge of trauma identification, effects and resources.
- ☀ Planning & development of resources
- ☀ Develop SOC communication networks
- ☀ Development of Trauma Informed curriculum
- ☀ Identify family and youth for participation and involvement in planning SOC
- ☀ All partners in SOC participate in the development of single point and barrier free access to care
- ☀ Provider system recognizes it's organizational/cultural differences
- ☀ Identify gaps in diversity in the workforce

Service Delivery/Practice

- ☀ Direct Care providers trained and supported in the use of trauma specific services
- ☀ Identify how cultures interact with service delivery
- ☀ Identify how trauma interacts with service delivery
- ☀ Ensure all providers are aware of ways to include natural supports in treatment planning
- ☀ Providers are trained on family/youth driven planning
- ☀ Service Delivery model employs a family/youth partner to assist in navigating system

Long Term Outcomes (3-5 years)

Family, Youth, and Child

- ☀ Youth and family enrolled in SOC will report satisfaction with services and service delivery process
- ☀ Child/ youth trauma survivors enrolled in SOC experience fewer trauma related symptoms and exposure to traumatic events is minimized
- ☀ Families and youth will experience increased family stability and improved relationships
- ☀ Children/youth enrolled in SOC will experience reduction in use of restrictive out of home placements and experience shorter lengths of stay in these placements
- ☀ Family and youth will effectively self advocate

System/Infrastructure

- ☀ System wide identification of trauma
- ☀ System wide adoption of Trauma Identification practices
- ☀ System wide sustainability of resources
- ☀ Increased collaborative efforts and a communication process
- ☀ SOC is trained in Trauma Informed practices
- ☀ SOC policies reflect family and youth ideas and values
- ☀ Youth movement is diverse, self sustaining and state wide
- ☀ Family Organizations will reflect system of care values and be Trauma Informed
- ☀ There is a system wide single point and barrier free access to care
- ☀ Provider system demonstrates it's awareness of organizational/cultural differences by improved collaboration
- ☀ Demonstrate a diverse work force
- ☀ Capacity has been enhanced to address access issues for families and provide more service options

Service Delivery/Practice

- ☀ Increased trauma identification for children and family
- ☀ Providers are culturally competent and trauma informed
- ☀ Services are trauma informed
- ☀ Natural supports are included in every child, youth and family plan
- ☀ Service delivery plans are youth and family informed
- ☀ Services offer peer to peer support at entry and throughout provision of services